

# General Resources and Supportive Services

## Lewis County

### CLOTHING / SHELTER

- American Red Cross (only in the event of a fire or flood)** 360-748-4607  
57 W Main Street, Suite 245, Chehalis
- Centralia Seventh Day Adventist Church** 1607 Military Road, Centralia 360-736-4262  
Clothing bank every Wednesday from 11:00am to 2:00pm
- Cornerstone** (clothes/bedding/small household items)  
628 N National Avenue, Chehalis / Open Thurs. 9:30am-11:00am & 11:30am-1:00pm
- Destiny Christian Center** 413 N Tower Avenue, Centralia 360-736-0201  
Ran from the **Centralia Outreach Ministries** building  
Free hot lunch every *Monday*.  
- Lunch from 10:30am to 12:30pm  
Food bank *last Saturday* of every month from 9:00am to 10:30am
- Gather Church Clothing & Food Bank** 104 S Rock Street, Centralia 360-827-0264  
Distribution & Donation Times  
- Thursdays from 5:30pm to 6:30pm  
- Emergency assistance available  
- Items also available by appointment  
Free meal every Thursday at 6:30pm
- Housing Resource Center of Lewis County** (formerly Lewis County Shelter Program) 360-736-5140  
621 S Diamond Street, Centralia; [www.lewiscsp.org](http://www.lewiscsp.org)  
Men's shelter, family shelter, transitional housing, single unit housing
- HousingSearchNW.org** A free service to list and find housing across the state of Washington.
- HUD Housing (Sec 8)** 360-423-0140  
(Longview Housing Authority) Toll Free 866-570-8840
- Kids' Clothing Bank and Exchange** Kids' clothing, 6 months to 6T. 360-748-3702  
Chehalis First Christian Church: 111 NW Prindle, Chehalis  
Every Saturday from 1:00pm to 3:00pm.
- Lewis County Gospel Mission** A safe, warm place to get out of the weather, meet friends and relax. 360-996-4474  
72 SW Chehalis Avenue, Chehalis  
Food Ministry - Onsite hot food, coffee, and water  
- **Breakfast** served Monday through Friday from 8:00am to 9:00am  
- **Lunch** served Monday through Friday from 12:00pm to 2:00pm  
- **Saturday** and **Sunday** breakfast only from 9:00am to 11:00am  
Clothing Ministry - Adult and children's clothing, coats, shoes, and boots
- Lifelong Housing Safety Net** [www.housingsafetynet.org](http://www.housingsafetynet.org) Toll Free 855-424-4113  
Provides support to households impacted by the foreclosure crisis who have a family member living with a chronic illness. Fax 253-344-5992  
E-mail: [housingsafetynet@solid-ground.org](mailto:housingsafetynet@solid-ground.org)
- New Hope Clothing and Other Bank** 360-388-6523  
2100 N National Avenue, Chehalis (located on the 2nd floor inside the Yard Birds Mall)  
Fridays from 1:00pm to 3:30pm

## **CLOTHING / SHELTER continued**

<b>Reliable Enterprises</b> 203 W Reynolds Avenue, Centralia Help with rent and utilities.	360-736-0679
<b>SAFE Family Ministries</b> (serves women and women with children) 3149 Jackson Highway (P.O. Box 935), Chehalis	360-740-1001
<b>Salvation Army Shelter</b> 808 5th Avenue SE, Olympia	360-352-8596
<b>Serving Soup God's Way</b> sponsored by Jesus Name Pentecostal Church Hot soup every Sunday at Rotary Riverside Park in Centralia from 1pm to 3pm	360-623-9438
<b>Twin Cities Mission for Women &amp; Children</b>	360-330-2130
<b>White Pass Community Services Coalition</b> 123 Main Street, Morton	360-496-5405 360-496-5404
Limited housing assistance for East Lewis County residents residing from Onalaska to Packwood.	
<b>Women Dressing for Success Clothing Bank</b> Second Saturday of every month at Sewsie's Salon in the Fairway Center from 11:00am to 2:00pm	

## **SOCIAL HEALTH SERVICES DEPARTMENT**

<b>Abuse &amp; Assault - Adult</b>	877-734-6277
<b>Abuse &amp; Assault - Children</b>	888-713-6115
<b>Adoption Services - Children &amp; Family Services</b>	360-807-7080
<b>Domestic Violence Hotline Information &amp; Referral</b>	800-562-6025
<b>Family Reconciliation Services</b>	360-807-7080
<b>Victim/Witness Notification Program</b>	800-422-1536
<b>Welfare Fraud</b>	800-562-6906

## **DISABILITIES**

<b>Developmental Disabilities Administration</b> 3451 Galvin Road, Centralia	360-807-7151
<b>Division of Vocational Rehabilitation</b> (retraining) 3401 Galvin Road, Centralia	360-807-7180
<b>Lewis County Social Services</b> Developmental Disabilities 175 SW Cascade Avenue, Chehalis	360-740-1284
<b>Lewis County Work Opportunities</b> <a href="http://www.lcworkop.org">www.lcworkop.org</a> 122 Sears Road, Chehalis Provides industrial job training, supported employment, job coaching, and job development services. <u>E-mail:</u> <a href="mailto:info@lcworkop.org">info@lcworkop.org</a>	360-748-9921

## **MEDICAL / DENTAL / VISION**

<b>Access to Baby &amp; Child Dentistry</b> Choice Regional Health Network- <a href="http://www.crhn.org">www.crhn.org</a> 1217 Fourth Avenue E, Suite 200, Olympia Oral health/nutrition education and help with access to dental care for low-income families with young children.	360-539-7576 ext. 103
<b>AIDS/HIV Information (UCAN Olympia)</b> <a href="http://www.ucan-wa.org/">www.ucan-wa.org/</a>	360-352-2375
<b>Airway Heights' Correctional Industries Optical Center</b> Medicaid clients who need new eyeglasses should ask their providers to call.	888-606-7788
<b>Affordable Dentures</b> 3801 S Steele Street, Tacoma New full set of dentures starts at \$380.00	253-475-9015
<b>Aspen Dental</b> Special on replacement dentures starting at \$249.00; located in Longview	360-414-1400
<b>Cascade Mental Health Care</b> 2428 Reynolds Avenue, Centralia	360-330-9044
<b>Grays Harbor Regional Support Network (RSN)</b>	360-532-8665
<b>Eye Glasses</b> Elks Club (for both children and adults) Must fill out an application - Takes approximately one month to receive the eye glasses	360-669-0158
<b>Family Health Center Dental Clinic</b> 1057 12th Avenue, Longview	360-414-1300
<b>Health &amp; Hope Medical Outreach</b> <a href="mailto:contact@hhmo.org">contact@hhmo.org</a> 1707 Cooks Hill Road, Centralia (inside Centralia Specialty Clinic) FREE medical clinic for all ages - Tuesdays from 5:30pm to 8:30pm - Walk-ins welcome	360-623-1485
<b>Medical Assistance Recipients Hotline</b>	800-562-3022
<b>Molina Healthcare's 24-Hour Nurse Advice Line</b> For Spanish TTY for the hearing impaired	888-275-8750 866-648-3537 866-735-2929
<b>Pope's Kids Place</b> 230 Washington Way, Centralia	360-736-9147
<b>Provider One</b>	800-562-3022
<b>Salvation Army</b> 303 N Gold Street, Centralia (corner of Maple & Gold) Referrals for vision care for eye exam and glasses for qualified individuals. Call for more information.	360-736-4339
<b>Valley View Health Center (Medical/Dental)</b> 1800 Cooks Hill Road, Suite G, Centralia (Walk-In clinic; Medical) 2428 Reynolds Avenue, Centralia (inside Cascade Mental Health Care; Medical) 2690 NE Kresky Avenue, Chehalis (Medical and Dental) 148 Division Avenue, Morton (Dental) 1810 Highway 508, Onalaska (Medical) 402 N Main Street, Pe Ell (Medical) 117 Ramsey Way, Toledo (Medical) 615 Cemetery Road, Winlock (Medical)	360-736-3042 360-669-0335 360-330-9595 360-496-5101 360-978-6600 360-291-3232 360-864-4400 360-785-9400

**MEDICAL / DENTAL / VISION continued**

<b>Vision USA</b> (low income eye care)	800-766-4466
<b>Washington Basic Health</b>	800-660-9840
<b>WIC</b>	800-322-2588
360 NW North Street, Chehalis	360-740-1255

**SUBSTANCE ABUSE**

<b>Alcohol and Drug 24 hr Help Line</b>	800-562-1240
<b>Alcohol &amp; Substance Abuse</b>	360-740-1430
<b>Cascade Mental Health Care</b>	360-330-9044
2428 Reynolds Avenue, Centralia	
<b>Community Allied Behavioral Health (CABH)</b>	360-748-4339
1787 NE Kresky Avenue, Chehalis	
Fax number	360-748-3349
<b>Counseling (Christian Based)</b>	
Grace Foursquare Church - Celebrate Recovery, Centralia	360-736-0778
Mossyrock Assembly of God	360-983-3342
<b>Eugenia Center</b>	360-740-9767
121 NW Chehalis Avenue, Chehalis	
Fax number	360-740-5484
<b>Fresh Start</b> (Monday-Friday; 8:00am to 5:00pm)	360-978-4186
1752 State Highway 508, Onalaska	
251 W Main Avenue, Morton	
Fax number	360-978-4926
<b>New Directions Counseling, LLC</b>	360-740-4380
1956 Kresky Avenue, Chehalis	
<b>12 Steps Club</b> 2100 N National Avenue, Chehalis	360-748-6818
Located in the SW corner of the Yard Birds Shopping Center.	

## MENTAL HEALTH / COUNSELING SERVICES

<b>Cascade Mental Health Care</b> 2428 Reynolds Avenue, Centralia	360-330-9044
<b>Eugene Cummings, M.R.Ed. LCMHC</b> 16 SE Adams Avenue, Chehalis ( <a href="http://www.eugenecummings.com">www.eugenecummings.com</a> ) Accepts many types of insurance, check with insurance provider and contact Eugene for details.	360-748-0904
<b>Evergreen Psychological Associates</b> 201 N Rock Street, Centralia	360-623-1018
<b>Human Equine Alliances for Learning (HEAL)</b> Leigh Shambo, MSW, LMHC Chehalis ( <a href="http://www.humanequinealliance.org">www.humanequinealliance.org</a> ) Offers a sliding fee scale based on income. Please call for details.	360-266-0778
<b>Master's Counseling Service</b> 1018 Mellen Street, Centralia	360-736-6666
<b>Northwest Family Therapy</b> 1018 Mellen Street, Centralia	360-736-1930
<b>Philip Williams, MA, LMHC (Steck Medical Group)</b> 1299 Bishop Road, Chehalis	360-740-4050
<b>Phoenix Therapeutic and Consulting Services</b> 1673 S Market Boulevard, Chehalis <a href="http://www.phoenixtherapeutic.net/">http://www.phoenixtherapeutic.net/</a>	360-827-1666
<b>Sandy Zion</b> 1018 Mellen Street, Centralia	360-520-2253
<b>Shereen Bennight Counseling</b> 120 NW Pacific Avenue, Chehalis Offers a sliding fee scale based on income. Please call for details.	360-748-8660
<b>Sherri L. Hamilton, MA, LMHC (Breath of Life Inc.)</b> 625 S Diamond Street, Centralia Accepts many types of insurance including Molina and Community Health Plan of Washington.	360-807-8476
<b>Truman &amp; Associates (Kim Carlson)</b> 34 NE Boistfort Street, Chehalis	360-740-6264
<b>Valley View Health Center - Behavioral Health</b> 2690 NE Kresky Avenue, Chehalis	360-330-9598
<b>Words of Hope Counseling (Sandra Ames, MA, LMHC)</b> 540 W River Road, Centralia ( <a href="http://www.sandraames.com">www.sandraames.com</a> )	360-269-1780

## **TELEPHONE ASSISTANCE**

<b>Assurance Wireless (Virgin mobile)</b>	888-898-4888
For more information call or go online to <a href="http://www.assurancewireless.com/Public/Welcome.aspx">www.assurancewireless.com/Public/Welcome.aspx</a>	
<b>Lifeline &amp; Link-Up Subsidized Cell Phone Programs (AT&amp;T or Sprint)</b>	
For AT&T's Program	800-377-9450
( <a href="http://www.wireless.att.com/about/community-support/lifeline-link-up.jsp">http://www.wireless.att.com/about/community-support/lifeline-link-up.jsp</a> )	
For Sprint's Program	888-408-3306
( <a href="http://www.nextel.com/en/services/calling/universal_lifeline_program.shtml">http://www.nextel.com/en/services/calling/universal_lifeline_program.shtml</a> )	
<b>SafeLink Wireless</b>	
For more information ( <a href="http://www.SafeLink.com">www.SafeLink.com</a> ) or 1-800-SAFELINK	800-723-3546
<b>WA Telephone Assistance Program</b>	888-700-8880

## **LEGAL**

<b>Columbia Legal Services</b>	800-260-6260
<b>Lewis County Legal Aid</b>	360-748-0430
139 NW Chehalis Avenue, Chehalis Mon.-Fri. 9:00am-12:00pm & 1:00pm-4:00pm	
<b>Northwest Justice Project (Free Legal Services)</b>	<a href="http://nwjustice.org/">http://nwjustice.org/</a>
Coordinated Legal Education, Advice and Referral (CLEAR)	
- CLEAR (low-income)	888-201-1014
- CLEAR Senior (60 and over)	888-387-7111
<b>Washington LawHelp</b>	
Free legal information is available at <a href="http://www.washingtonlawhelp.org">www.washingtonlawhelp.org</a>	

## **BASIC EDUCATION / LITERACY**

<b>Phoenix Center</b>	360-736-9391
Centralia College (GED) Learning Resource Center	ext. 216

## **HEALTH DEPARTMENT**

<b>Birth Marriage Divorce &amp; Death Certificates (statewide)</b>	360-236-4300
Lewis County	360-740-1222
<b>Healthy Mothers / Healthy Babies (WIC)</b>	800-322-2588
<b>Immunizations (statewide)</b>	360-236-3595
Lewis County	360-740-1223
<b>Injury Prevention (statewide)</b>	360-236-3687
<b>Lewis County WIC (Women Infants Children)</b>	360-740-1255
<b>Newborn Screening (statewide)</b>	206-418-5410
Lewis County	360-740-1236
<b>Tuberculosis Program (statewide)</b>	360-236-3443
Lewis County	360-740-1226

## **MULTI-AGENCY RESOURCE CENTER**

- American Red Cross (only in the event of a fire or flood)** 360-748-4607  
57 W Main Street, Suite 245, Chehalis
- Community Action Council** 409 N Tower, Centralia <http://www.caclmt.org/> 360-736-1800  
(energy assistance, water assistance, weatherization) 800-952-8012
- Community Youth Services (CYS)** <http://www.communityyouthservices.org/> 360-943-0780  
711 State Avenue NE, Olympia (also serve Lewis County residents) Toll Free 888-698-1816  
*Community Youth Services empowers youth at-risk and their families to meet their goals for safety, stability, belonging and success by providing a continuum of individualized services and advocacy.*
- Destiny Christian Center** 413 N Tower Avenue, Centralia 360-736-6443  
Ran from the **Centralia Outreach Ministries** building 360-736-0201  
Free hot lunch every *Monday*.  
- Lunch from 10:30am to 12:30pm  
Food bank *last Saturday* of every month from 9:00am to 10:30am
- First United Methodist Church** 506 S Washington Avenue, Centralia 360-736-7311  
Free dinner on the last two Mondays of the month starting at 5:30pm
- Gather Church Clothing & Food Bank** 104 S Rock Street, Centralia 360-827-0264  
Distribution & Donation Times  
- Saturdays from 3:30pm to 4:30pm and Thursdays from 5:30pm to 6:30pm  
- Emergency assistance available  
- Items also available by appointment  
Free meal every Thursday at 6:30pm
- Human Response Network** 125 NW Chehalis Avenue, Chehalis 800-244-7414  
Elder abuse, Domestic Violence, Sexual Assault  
Chehalis 360-748-6601  
Spanish Speakers 360-880-0515
- Love Inc.** - PO Box 152, Chehalis (*under \$100*) 360-748-8611  
Limited assistance utility bill, gas/food voucher, furniture, fire wood, 360-748-8621  
transportation to medical appointments, wheelchair ramps, etc.
- Salvation Army** 303 N Gold Street, Centralia (corner of Maple & Gold) 360-736-4339  
Family Service Hours: Mon.-Fri. 10:00am-4:00pm (*closed 11:45am-1:00pm for Lunch*)  
Food Bank: Mon.-Fri. 10am-3:45pm (*closed 11:45am-1:00pm for Lunch*)  
Sack Lunches: Mon.-Fri. 11:00am-11:45am  
Case Management: **By phone only** Mon.-Thurs. 10:00am-11:45am & 1:00pm-2:45pm  
(*You may call us to make an appt. to see the Social Worker for help with issues such as housing, food, referrals to other help in the area, or other needs you may have*)  
Information & Referral: Mon-Thurs 9am-4pm (*you may call to get help to find what services you need*)  
Rental &/or Utility Assistance  
*Applications accepted Monday through Thursday.*

## **MULTI-AGENCY RESOURCE CENTER continued**

### **St. Vincent de Paul**

- Help in small amounts for shelter costs (rent and utilities) and help with groceries.

For help in Centralia and Chehalis please contact the Centralia and Chehalis Conference of St. Vincent de Paul. 360-623-1144

For help in outlying areas that are anywhere south and east of Chehalis, such as Mossyrock, Napavine, & Winlock, please contact the Toledo Conference of St. Vincent de Paul. 360-864-4130

**Reliable Enterprises** 203 W Reynolds Avenue, Centralia 360-736-0679  
Help with rent and utilities.

**White Pass Community Services Coalition** 360-496-5404  
123 Main Street, Morton

- Limited help with rent, utilities, food, clothing, and gas.
- Provides general public fixed route commuter bus service from Packwood to Centralia/Chehalis through its LEWIS Mt. Hwy. Transit (LMHT).

*Current LMHT route schedule is listed on Centralia College's website at <http://www.centralia.edu/students/transportation/>*

## **LIBRARIES**

### **Timberland Regional Library**

<b>Centralia</b>	360-736-0183
<b>Chehalis</b>	360-748-3301
<b>Oakville</b>	360-273-5305
<b>Packwood</b>	360-494-5111
<b>Randle</b>	360-497-2665
<b>Salkum</b>	360-985-2148
<b>Tenino</b>	360-264-2369
<b>Winlock</b>	360-785-3461



## **GOVERNMENT LISTINGS**

### **CITY AND TOWN**

Centralia Animal Control	360-740-1105
Centralia Municipal Court	360-330-7667
Centralia Utilities	360-330-7512
Chehalis Municipal Court	360-345-1025
Chehalis Public Works	360-748-0238
Oakville Municipal Court	360-273-5531
Oakville Public Works	360-273-3591
Vader Public Works	360-295-3225

## **NON-EMERGENCY NUMBERS**

Centralia Fire Department	360-330-7681
Centralia Police	360-740-1105
Chehalis Fire Department	360-748-3394
Chehalis Police	360-748-8605
Chehalis Tribal Law Enforcement	360-273-7009
FBI	260-622-0460
Grays Harbor County Sheriff	360-249-3711
Lewis County Central Dispatch	360-740-1105
Lewis County Sheriff	360-748-9286
Morton Fire Department	360-496-5183
Morton Police	360-496-6636
Mossyrock Fire Department	360-983-3456
Mossyrock Police	360-983-8115
Napavine Fire Department	360-262-3320
Napavine Police	360-262-9888
Oakville Police & Fire Department	800-281-6944
Onalaska Fire Department	360-978-4182
Packwood Fire Department	360-494-4123
Pe Ell Fire Department	360-291-0080
Randle Fire Department	360-497-7745
Rochester Fire Department	360-273-3593
Salkum Fire Department	360-985-2345
Toledo Fire Department	360-864-2366
Toledo Police	360-864-6041
Vader Fire Department	360-295-3694
Vader Police	360-295-3109
Washington State Patrol	
Non-Emergency	360-748-6633
Report Drunk Drivers	800-283-7805
Winlock Fire Department	360-785-4221
Winlock Police	360-785-3891

## **SOCIAL SERVICE AGENCIES**

<b>DSHS - Chehalis CSO</b>	360-740-3800
<b>Alcohol &amp; Substance Abuse</b>	360-740-1418
<b>Division of Child Support</b>	
Olympia	800-345-9964
Vancouver	800-345-9984
<b>Home &amp; Community Services</b>	360-807-7150
3451 Galvin Road, Centralia	Toll Free 800-487-0360
<b>Lewis County Social Services</b> 175 SW Cascade Avenue, Chehalis	360-740-1284
Developmental Disabilities	
<b>Social Security Administration</b> <a href="http://www.ssa.gov/">www.ssa.gov/</a>	800-772-1213
Hearing Impaired	TTY 800-325-0778
1821 Cooks Hill Road, Suite 100, Centralia	855-848-7939
- Monday & Tuesday, 9:00am-3:00pm; Wednesday, 9:00am-12:00pm; Thursday & Friday, 9:00am-3:00pm	

## **OTHER**

<b>American Cancer Society</b> 1551 Broadway, Suite 200, Tacoma	800-729-3880
<b>Brain Injury Alliance of Washington</b> <a href="http://www.biawa.org">www.biawa.org</a> ( <a href="https://facebook.com/braininjurywa">facebook.com/braininjurywa</a> )	877-982-4292
Offers 1:1 direct support throughout Washington for individuals with Brain Injury, caregivers, and loved ones.	
<b>ChildCare Aware of Washington</b> ( <a href="http://wa.childcareaware.org">http://wa.childcareaware.org</a> )	800-446-1114
<b>Child and Family Studies - Education for Families and Parenting</b>	
Offered quarterly by Centralia College.	
Contact Linda Wilcox at 360-736-9391 ext. 464 or ext. 298	
<b>Crime Stoppers of Lewis County</b>	800-748-6422
<b>Division of Child Support</b>	
Olympia	800-345-9964
Vancouver	800-345-9984
<b>The Early Childhood Education and Assistance Program (ECEAP)</b>	
This program is designed for 3 and 4 year old children and their families. The program helps children and families with school readiness and school success.	
Contact Christina Martin at 360-736-9391 ext. 460	
<b>Family Education &amp; Supportive Services (Kinship Families)</b>	360-754-7629
Are you Raising a Grandchild or other Relative Child?	Toll Free 877-813-3828
Lynn Urvina - Kinship Navigator; <a href="http://www.FamilyEducationAndSupport.org">www.FamilyEducationAndSupport.org</a>	
<b>Free Cakes for Kids South Sound (from Vancouver to Bellingham)</b>	
Complete the Cake Request Form at <a href="http://freecakesforkidssouthsound.com/?page_id=19">http://freecakesforkidssouthsound.com/?page_id=19</a>	
<b>Lewis County Health Department</b>	360-740-1223
<b>Provider Svcs/Coordination of Benefits</b>	800-562-6136
<b>Washington Traumatic Brain Injury (TBI) Resource Center</b>	877-824-1766
<b>WASHCAP (Washington State Combined Application Project)</b>	877-380-5784
<b>WIC</b> 360 NW North Street, Chehalis	360-740-1255 or 800-322-2588

## **HOTLINES**

<b>Alcohol and Drug 24 hr Help Line</b>	800-562-1240
<b>Domestic Violence Hotline</b>	800-562-6025
<b>Emergency Contraception Hotline</b>	888-668-2528
<b>Family Planning Hotline</b>	800-770-4334
<b>Lewis County Shelter Program Hotline</b>	360-269-6688
<b>Medical Assistance Recipients Hotline</b>	800-562-3022
<b>Mental Health Crisis Hotline</b>	800-559-6696
<b>Poison Hotline</b>	800-222-1222
<b>Provider One</b>	800-562-3022
<b>Suicide Prevention Hotline</b>	800-559-6696
<b>Washington Recovery Help Line</b>	866-789-1511
24-Hour Help for Substance Abuse, Problem Gambling & Mental Health	
<b>WA State HIV/AIDS Hotline</b>	800-272-2437
<b>Youth Crisis Hotline</b>	877-345-8336

## **SENIOR SERVICES**

<b>A Place for Mom</b> Connecting Families to Senior Care	866-344-8005
<b>Area Agency on Aging</b>	360-748-2288
1651 S Market Boulevard, Chehalis	Toll Free 888-702-4464
<b>Catholic Community Services</b>	360-345-1100
<b>EyeCare America</b> <a href="http://www.eyecareamerica.org/">www.eyecareamerica.org/</a>	
Must be 65 years of age or older. Please check website to see if you qualify.	
<b>Homebound Meals</b>	253-474-1200
	Toll Free 888-976-0712
<b>Medicare Hotline</b>	800-633-4227
<b>Senior Community Service Employment Program (SCSEP)</b>	877-872-5627
Community service and work-based job training program for older Americans.	
Participants work an average of 20 hours per week, and are paid the highest of federal, state or local minimum wage. Participants must be at least 55, unemployed, and have a family income of no more than 125% of the federal poverty level.	
<a href="http://www.doleta.gov/seniors">www.doleta.gov/seniors</a>	
<b>Senior Information &amp; Assistance</b>	360-748-2288
<b>Senior Transportation (Catholic Community Services)</b>	360-748-0161
Must be 60 years of age or older	
Mainly for medical transportation	
<b>Statewide Health Insurance Benefits Advisors (SHIBA)</b>	800-562-6900
Information about health care	
<b>Volunteer Chore Services</b>	800-783-8193

## **INTERNET ASSISTANCE**

<b>Affordable Internet from Comcast</b>	855-846-8376
Bring the Internet home for just \$9.95 a month.	
Call toll-free: 1-855-8-internet (1-855-846-8376). For more information visit: <a href="http://InternetEssentials.com">InternetEssentials.com</a>	

## HOSPITALS

Capital Medical Center	360-754-5858
Seattle Children's Hospital & Medical Center	206-987-2000
Mary Bridge Children's Hospital	253-403-1264
Morton General Hospital	360-496-5112
Providence Centralia Hospital	360-736-2803
Woodland Urgent Care Center - Chehalis	360-748-9822

## FACEBOOK RESOURCES

Washington Help Wanted  
Lewis County For Sale, Wanted, Free  
Lewis County- Free, wanted, needed, givin!  
LEWIS COUNTY ANYTHING & EVERYTHING  
Lewis Co & Surrounding Area Business, Advertisement Page  
Centralia and Chehalis only wanted, free, or for sale  
Thurston County Reduce, Reuse, Recycle  
Unlimited: LC Free, Wanted & For Sale  
Friends helping Friends of Lewis County  
5\$ and under lewis county  
Everything is \$5 and under  
Cheaper then goodwill lewis county  
Estate and Garage sales  
Lewis County Furniture and Home Décor For Sale/Wanted  
Lewis County yard and Garage Sales  
Wanted Items ONLY!! Lewis County!  
Lewis County Good Stuff For Sale  
Lewis County Clothes: For sale or Trade  
Lewis County Area: Free, Wanted, For Sale  
Thurston & Lewis County Buy Sell Trade  
Lewis County Pets & Livestock  
Northwest Shop, Swap  
LET'S BARTER!  
Recipe Share  
GiVe OnE TaKe OnE

**National H.I.R.E. Network** <http://www.hirenetwork.org/>

The National Helping Individuals with Criminal Records Re-enter through Employment Network is both a national clearinghouse for information and an advocate for policy change. The goal is to increase the number and quality of job opportunities available to people with criminal records by changing public policies, employment practices and public opinion. It also provides training and technical assistance to agencies working to improve the employment prospects for people with criminal records.

**National Transitional Jobs Network** <http://www.heartlandalliance.org/ntjn/>

The programs assist individuals in gaining permanent jobs. By working in a subsidized, transitional job for three to twelve months, they earn a paycheck, learn technical skills for higher wage jobs, become eligible for the Earned Income Tax Credit, and receive intensive mentoring and support.

**Reinstate Your Driver's License** <https://fortress.wa.gov/dol/dolprod/dsdreinstatements/>

The Department of Licensing has an online service that shows people what they need to do and who they need to contact to get their license back. Users can securely enter their personal information and the system will provide a printable list of the court issues and state requirements needing to be resolved. It also provides contact information for each item.

**U.S. Pretrial & Probation Workforce Development for Western Washington**

The Workforce Development Website for the Western District of Washington is a self-directed resource for Federal Pretrial and Probation clients. The services are dedicated in providing career assistance for individuals with criminal histories to obtain meaningful employment which in turn, improves the likelihood of job retention that reduces the rate of recidivism.

<http://pretrial.wawd.uscourts.gov/Workforce/index.html>

**Washington Bonding Program** <http://www.wa.gov/esd/oes/bond/default.htm> 800-339-3981

The Washington Bonding Program provides, at no cost to the employer or applicant, individual fidelity bonds to employers for applicants who are, or may be, denied coverage by commercial carriers because of their at-risk status. The fidelity bonds issued by the WBP function as an employer job-hire incentive.

**Washington State Employment Security Department Offender Resources**

<http://www.wa.gov/esd/oes/default.htm>

## PETS

- Almost Home Coalition** ([www.folcas.org](http://www.folcas.org)) 360-508-0151  
P.O. Box 1421, Chehalis
- Animal Support Foundation** 360-736-3358
- The Cat's Meow of Lewis County** 360-623-0820  
Provide free spay/neuter for feral cats, help with trap-neuter-release, and low cost spay/neuter.  
E-mail: [meowexec@live.com](mailto:meowexec@live.com)
- Concern for Animals** helping those who cannot help themselves 360-456-8176  
To promote the welfare of animals and keep families together, Concern for Animals (CFA) provides spay/neuter and medical care funding, pet food bank and rescue & adoption programs in the Thurston, Mason, and Lewis County area. ([www.concernforanimals.org](http://www.concernforanimals.org))
- Feline Veterinary Emergency Assistance** (<http://fveap.org/>)  
Provide emergency financial assistance to cat and kitten guardians who are unable to afford veterinary services to save their companion when life-threatening illness or injury strikes.
- The Foundation for Animal Care and Education (FACE)** ([www.face4pets.org](http://www.face4pets.org)) 858-450-3223  
The FACE Foundation provides financial assistance to animal owners who are unable to cover the full cost of their pets' critical or emergency veterinary care.
- In Memory of Magic (IMOM)** "Helping people help pets" ([www.imom.org](http://www.imom.org))
- Lewis County Animal Shelter** 360-740-1290  
560 Centralia-Alpha Road, Chehalis
- Magic Bullet Fund** ([www.themagicbulletfund.org](http://www.themagicbulletfund.org))  
Helps people who have made room in their homes and hearts for a canine companion, but do not have the financial resources to provide cancer treatment.
- Pet Connection** 360-748-6236  
Low cost spay/neuter for Lewis County Residents.
- Pet Food Stamps** ([www.petfoodstamps.org](http://www.petfoodstamps.org))  
Non-profit corporation available throughout the United States that has been created to fill the void in the United States Food Stamp program which excludes the purchase of pet food. To become a member of Pet Food Stamps you must be receiving some type of Public Assistance such as: Food Stamps, TANF or Social Security.
- The Pet Fund** ([www.thepetfund.com](http://www.thepetfund.com)) 916-443-6007  
Provide financial assistance to owners of domestic animals who need veterinary care.
- RedRover Bringing Animals from Crisis to Care** ([www.redrover.org](http://www.redrover.org)) 916-429-2457  
RedRover Relief: To help Good Samaritans, animal rescuers and pet owners meet the cost of emergency veterinary care they otherwise couldn't afford.  
Grants for Domestic Violence: To help domestic violence victims escape abusive environments without having to leave their pets behind.
- Report Animal Abuse, Neglect, and/or Cruelty** 360-748-9286  
360-740-1105
- SPAY/USA** 800-248-7729
- Valhalla Rescue** ([www.valhallarescue.org](http://www.valhallarescue.org)) 360-523-4059  
Valhalla Rescue also runs the VCR ANIMAL FOOD BANK providing food, toys, blankets, vet care, micro-chipping, vaccines and emergency expenses to those in the homeless community that live with animals. Every month Valhalla Rescue searches out homeless camps and contacts other homeless organizations to locate and assist those living on the streets with companion animals to provide items necessary to maintain the human/pet bond. Valhalla Rescue also provides temporary shelter for companion animals of the homeless while their humans are seeking help for chemical dependency or medical attention themselves.

### **PREGNANCY / PREGNANCY TESTS**

<b>Emergency Contraception Hotline</b>	888-668-2528
<b>Family Planning Hotline</b>	800-770-4334
<b>Possibilities Pregnancy Center (formerly known as the Care Center)</b>	360-330-2229
1017 W Main Street, Centralia	
<b>Planned Parenthood</b> (Cost of pregnancy test at Planned Parenthood is \$20.)	
1020 W Main Street, Centralia	360-330-2899

### **VOCATIONAL & EMPLOYMENT SERVICES**

<b>American Workforce Group, Inc.</b> <a href="http://www.americanworkforcegroup.net">www.americanworkforcegroup.net</a>	360-345-1444
321 Maurin Road, Suite A7/A8, Chehalis	
<b>ASAP Business Solutions</b> <a href="http://www.asapbiz.com">www.asapbiz.com</a>	360-996-4271
2048 Kresky Avenue, Chehalis	
<b>Express Personnel Services</b> <a href="http://centraliawa.expresspros.com">centraliawa.expresspros.com</a>	360-330-9050
1126 S Gold Street, Suite 102, Centralia	
<b>Kelly Services</b> <a href="http://www.kellyservices.us/us/ushome">www.kellyservices.us/us/ushome</a>	800-233-9282
111 Market Street NE, Suite 340, Olympia	
<b>Labor Ready</b> <a href="http://www.laborready.com">www.laborready.com</a>	360-807-8922
418 N Tower Avenue, Centralia	
<b>Lewis County Work Opportunities</b> <a href="http://www.lcworkop.org">www.lcworkop.org</a>	360-748-9921
122 Sears Road, Chehalis	
Provides industrial job training, supported employment, job coaching, and job development services.	
E-mail: <a href="mailto:info@lcworkop.org">info@lcworkop.org</a>	
<b>Remedy Staffing</b> <a href="http://www.remedystaff.com/RemedyStaff/main.cfm?nlvl1=1">www.remedystaff.com/RemedyStaff/main.cfm?nlvl1=1</a>	360-357-3006
1101 Eastside Street SE, Suite A, Olympia	
<b>Total Employment and Management (TEAM)</b> <a href="http://www.teamshome.com">www.teamshome.com</a>	360-740-8832
1791 NE Kresky Avenue, Chehalis	
<b>WorkSource Lewis County</b> <a href="http://www.wa.gov/esd/ws/lewis">www.wa.gov/esd/ws/lewis</a>	360-748-2360
151 NE Hampe Way, Chehalis	

### **IN HOME HEALTH CARE**

<b>Assured Hospice</b>	360-330-2640
2120 Northpark Street, Suite B, Centralia	
<b>Providence Sound Home Care &amp; Hospice</b>	360-330-8585
<b>Home &amp; Community Services</b>	360-807-7150
3451 Galvin Road, Centralia	
	Toll Free 800-487-0360

## TRANSPORTATION

<b>Dial A Ride</b>	360-748-0161
<b>Cowlitz Indian Tribe Transit Services</b>	360-232-8585
Dial a Ride Service in rural areas between South Lewis and Cowlitz Counties	
Serving Tribal Members and General Public with service up to 20 miles from the I-5 Corridor	
<b>Glenoma Medical Transport (GMT)</b>	360-498-5508
<b>Grays Harbor Transit</b>	800-562-9730
<b>L.E.W.I.S. Mountain Highway Transit</b>	360-496-5404
A general public, fixed route transportation service that provides access to communities between Packwood and the Twin Cities.	
- Passenger Fare is \$3.00 per person each way	
- Current LMHT route schedule is listed on Centralia College's website at <a href="http://www.centralia.edu/students/transportation">http://www.centralia.edu/students/transportation</a>	
<b>Paratransit / Medical Transit</b>	800-846-5438
Hearing Impaired	TTY 800-934-5438
Fax	Fax 360-377-1528
<b>PTA ADA Assistance Line</b>	888-446-4511
Complaints about unfairness regarding public transit services	
<b>Rural and Tribal Transportation (R/T)</b>	800-650-7846
Provides accessible transportation services for the Nisqually Indian Tribe, the Confederated Tribes of the Chehalis Reservation, the communities of Rochester, Tenino, Bucoda, Rainier and Yelm and other portions of the Thurston Region outside Intercity Transit's service boundary.	
- R/T connects to Intercity Transit in Thurston County and Twin Transit in Lewis County.	
- Accepts Intercity Transit and Twin Transit passes.	
<b>Senior Transportation (Catholic Community Services)</b>	360-748-0161
Must be 60 years of age or older	
Mainly for medical transportation	
<b>Twin Transit - Centralia/Chehalis area</b>	360-330-2072
- Children ride free up to the age of 5	



## SUPPORT GROUPS

<b>AIDS Support Group (UCAN Olympia)</b> <a href="http://www.ucan-wa.org/">www.ucan-wa.org/</a>	360-352-2375
<b>Alcohol and Drug Detox</b>	360-748-4357
<b>Alzheimer's Support Group</b>	360-330-8717
<b>American Cancer Society</b> - Look Good, Feel Better	800-227-2345
<b>Cascade Mental Health Care</b>	360-330-9044
<b>Choice Regional Health Network</b>	800-981-2123
<b>Community Outreach Worker DUI Safety</b>	360-740-1450
<b>Compassionate Friends</b> - Loss of Child	360-330-8717
<b>Developmental Disabilities</b>	360-740-1284
<b>Divorce Support</b> - Chehalis 1st Baptist Church	360-748-8628
<b>Gambling Help</b>	360-352-1052

Balanced Perspectives Counseling (Big Rock Medical Plaza)

1610 Bishop Road, Suite 105, Tumwater

### **National Alliance on Mental Illness (NAMI)**

NAMI Educational Support Group to learn about variety of topics: 1st Tuesday of each month, 6:00pm-7:30pm, Chehalis Public Library (open meeting). Everyone is welcome!

Contact: Sherry, 360-880-8070

NAMI Family Support Group for family, caretakers, and friends of persons with mental illness.

Evening Group: 3rd Tuesday of each month, 6:00pm-7:30pm, Chehalis Public Library.

Contact: Klaus & Marianne, 360-736-5319

Daytime Group: Every Wednesday, 12:00pm-1:00pm, Fiddlers Coffee, 1220 Mellen Street, Centralia, Upstairs room.

Contact: Diane, 253-273-6035

NAMI Connections Recovery Support Group for adults with a mental illness, regardless of their diagnosis

Evening Group: Every Tuesday, 5:30pm-7:00pm, Twin Cities Senior Center, 2545 N National Avenue, Chehalis.

Contact: Debbie, 360-324-2541

Daytime Group: Every Thursday, 2:00-3:30pm, Centralia United Methodist Church, 506 S Washington Avenue, Centralia, in the Mary Room.

Contact: Melissa 253-736-2073

NAMI Family to Family Education Program is a free 12-session course for family, caregivers, and friends of individuals with severe mental illness. Classes to be announced.

Contact: Sherry, 360-880-8070, for more information and next scheduled course.

### **Parkinson's Support Group**

800-426-6806

Bethel Church, 132 Kirkland Road, Chehalis/Napavine

360-273-9987

2nd Thursday of every month at 1:00pm

### **Parents and Friends of Lesbians and Gays (PFLAG) Chehalis-Centralia**

Meetings take place at the Centralia First United Methodist Church (506 S Washington Avenue, Centralia) from 1:00pm to 3:00pm on the first Saturday of every month.

Website: [www.pflagcc.org](http://www.pflagcc.org)

E-mail: [contact@pflagcc.org](mailto:contact@pflagcc.org)

### **Sexual Abuse / Assault Therapy and Support Groups**

Evergreen Psychological Associates PLLC, Dr. Kennedy; 201 N Rock Street, Centralia 360-623-1018

Human Response Network 360-748-6601

Toll Free 800-244-7414

NW Family Therapy (Hispanic) 1034 S Market, Chehalis 360-748-6580

## **VETERANS AFFAIRS**

### **The American Legion Department of Washington**

#### **Centralia:**

Post 17 (granthodgepost17@msn.com) 111 1/2 W Main Street, Centralia 360-736-3755

Post 1925 (donhays@comcast.net) P.O. Box 1733, Centralia

#### **Chehalis:**

Post 22 (legionpost22@compprime.com) P.O. Box 1424, Chehalis 360-740-7889

#### **Vader:**

Post 71 P.O. Box 175, Vader 360-295-3559

#### **Winlock:**

Post 101 (tazz505@hotmail.com) P.O. Box 160, Winlock

#### **Mineral:**

Post 171 (legionpost171@gmail.com) PO Box 50, Mineral 360-492-3000

#### **Morton:**

Post 215 (michaelweb@msn.com) P.O. Box 841, Morton

#### **Onalaska:**

Post 508 (membershiponalaska@yahoo.com) P.O. Box 819, Onalaska

**Disabled American Veterans (DAV) Lewis County #29** 360-245-3357

111 1/2 W Main Street Am Legion, Centralia (wa29mail@davfrat.org)

**Lewis County Veterans' Relief Fund** 360-740-1417

The fund is designed to help eligible veterans and families needing emergency or  
help for: food, gas, rent, utilities, funerals. 360-740-1223

#### **Where to apply:**

Lewis County Public Health Department, 360 NW North Street, Chehalis

Lewis County PUD Building, Morton

- Only on the 3rd Wednesday of the month from 12:00pm to 2:00pm (subject to change)

*Call the information line to find out times for Packwood, Mineral, Winlock, and Toledo.*

**Marine Corps League Detachment 1119 - Lewis County** P.O. Box 74, Centralia 360-339-3446

**National Call Center for Homeless Veterans** 877-424-3838

The VA has founded a National Call Center for Veterans who are homeless or  
at risk of becoming homeless that provides free 24/7 access to trained counselors.

**Call 1-877-4AID VET (1-877-424-3838) 24 hours a day, 7 days a week.**

(<http://www.va.gov/HOMELESS/NationalCallCenter.asp>)

**South Sound Community-Based Outpatient Clinic** 360-748-3049

151 NE Hampe Way, Suite B2-6, Chehalis (in the Lewis County Mall)

(<http://www.pugetsound.va.gov/visitors/southsound.asp>)

**Veterans Assistance Fund (Veterans Food Vouchers)**

West Lewis County: Public Health Building, 360 NW North Street, Chehalis 360-740-1223

Mondays from 9:30am to 12:30pm - Call to make an appointment for another time 800-562-6130

Vouchers for West Lewis County may be used at Shop N Kart. ext. 1223

East Lewis County: Morton PUD (Conference Room), 240 7th Street, Morton

4th Thursday of each month from 12:00pm to 3:00pm

Vouchers for East Lewis County may be used at either Morton IGA or Morton Sentry Market

## **VETERANS AFFAIRS continued**

### **Veterans of Foreign Wars (VFW)**

<u>Post 2200</u>	608 W 2nd Street, Chehalis	360-736-6852
<u>Post 3409</u>	P.O. Box 678, Winlock	360-785-9237
<u>Post 12012</u>	P.O. Box 819, Onalaska	360-978-4523
<u>Post 5522</u>	P.O. Box 23, Pe Ell	360-291-3963
<u>Post 3429</u>	P.O. Box 756, Toledo	360-785-4690
<u>Post 5439</u>	150 Valley View Drive, Mossyrock	360-983-3404

### **VIP Veteran Supportive Housing**

Toll Free 866-255-2799

Longview Housing Authority's VIP (Veteran Integration Program) in partnership with local community organizations, the Dept. of Veteran Affairs, and the local VA Medical Center, is assisting homeless & imminently homeless veterans and their families become residentially stable and self-sufficient.

## **Food Banks of Lewis County**

### **Name and Hours of Operation**

### **Phone**

#### **Centralia:**

Salvation Army, 303 N Gold Street, Centralia 360-736-4339

Mon.-Fri. 10:00am-3:45pm (closed 11:45am-1pm for Lunch)

*\* NOTE: If a food client needs to be seen outside of regular food bank hours, they will need to call for the referral and set up an appointment. Emergency food bank clients can expect significantly less supplies than they would be given during normal food bank hours.*

Destiny Christian Center, 413 N Tower Avenue, Centralia 360-736-0201

Last Saturday of every month from 9:00am to 10:30am

Gather Church Food Bank, 104 S Rock Street, Centralia 360-827-0264

Thursdays from 5:30pm to 6:30pm

#### **Chehalis:**

Greater Chehalis Food Bank, 750 SW 21st Street 360-748-1226

Friday 12:30pm - 3:00pm (on the 1-acre lot behind Lewis County Fire District 6)

Jackson Prairie Church Food Bank, 4224 Jackson Highway, Chehalis 360-262-9533

Mondays from 9:00am to 12:00pm

#### **Morton:**

Food Bank at Sacred Heart Church, 7th and W Adams 360-496-5456

Monday through Wednesday from 11:30am - 2:30pm

#### **Pe Ell:**

Food Bank at St. Joseph's Church, 417 N Main 360-291-3434

Last Wednesday of each month, 11:00 am - 12:00 pm (Nov/Dec are one week earlier)

*\* includes zip codes from Pe Ell, Doty, Dryad and Curtis--need proof of physical address*

#### **Randle / White Pass:**

White Pass Food Bank, Randle United Methodist Church, 116 Kindle Road, Randle

1st and 3rd Friday of each month, 9:00am - 11:00am

- Art Morris: 360-497-5192 or Dottie Riley: 360-497-5193

#### **Silver Creek:**

SOMMA Food Bank, 144 Wilcox Road, Salkum (right across from church) 360-985-7211

First four Wednesdays of each month, 9:00am - 12:00pm

*\* includes zip codes from Cinebar, Ethel, Mossy Rock, Onalaska, Salkum, Silver Creek*

#### **Toledo:**

Toledo Food Bank, City Hall, 130 N 2nd Street (in back) 360-978-6448

2nd & 4th Friday of the month, 10:00am - 1:00pm (Nov/Dec are on the Monday before the holiday)

Toledo New Life Assembly, 420 Silver Street, Toledo 360-864-4366

Last Tuesday and Wednesday of each month from 10:00am to 12:00pm

## Food Banks of Lewis County continued

### **Winlock / Vader:**

Winlock Food Bank, Sak's 1st Avenue Building (in back)  
Wednesday 11:00am - 2:00pm

360-785-3909

## Commodities for Lewis County Residents

### Name and Hours of Operation

### Phone

#### **Centralia:**

360-736-4339

Salvation Army, 303 N Gold Street

Mon.-Fri. 10:00am-4:00pm (closed 12:00pm-1:00pm for Lunch)

#### **Pe Ell:**

360-291-3434

VFW Hall, 411 S 1st Street

2nd Monday of every month, 10:00am - 12:00pm

*\* includes zip codes from Pe Ell, Doty, Dryad and Curtis*

#### **Toledo:**

360-978-6448

Toledo Food Bank, City Hall (in back)

2nd and 4th Friday of the month, 10:00am - 1:00pm

*\*please call first to verify if commodities are available*

#### **Winlock:**

360-785-4325

Olequa Senior Center, 119 SW Kerron Street

3rd Friday of the month, 9:00am - 11:00am

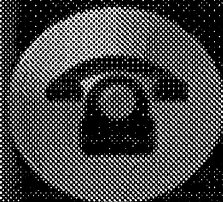
Easy way to get help and give help

**2-1-1**

Get Connected with housing, food, medical care, transportation, child care,  
tutoring, senior services and much more.

[www.win211.org](http://www.win211.org)

NATIONAL CALL CENTER  
for Homeless Veterans



1-877-4AID-VET

1-877-424-3838

**LOW COST & SUBSIDIZED HOUSING  
LEWIS COUNTY**

Arthur Barrows		561-312-2832
Brindlewood	1401 Johnson Rd. Centralia, WA 98531	360-736-2388
Centralian Apartments (Section 8 must have floating voucher)	1405 Lewis St Centralia, WA 98531	360-736-5267
Chehalis Ave Apartments	366 SW 3 <sup>rd</sup> St. Chehalis, WA 98531	360-748-3281
Chehalis Valley	1025 SW 20 <sup>th</sup> St. Chehalis, WA 98532	360-740-6081
Clean and Sober Residence	1321 Crescent Ave Centralia, WA 98531	360-508-5075
Corridor Apartments	2804 Russell Road Centralia, WA 98531	360-807-1900
Harrison Village	1402 Harrison Ave. Centralia, WA 98531	360-736-3117
Hillview Terrace	522 N Iron St Centralia, WA 98531	360-807-6700
ID Vanwormer (Contact Wanda)		360-748-4930
Lacosta Apartments	Centralia, WA 98531	360-736-0558
Park Center Apartments	3007 Borst Ave Centralia, WA 98531	360-807-1234
Park Place	105 Haywire Rd. Napavine, WA 98565	360-262-3972
Pat Fulginti		360-807-6006
Pete Bezy		360-748-8800
Rock Street Apartments	509 N Rock St Centralia, WA 98531	360-736-3703
Russell Road	2802 Russell Road Centralia, WA 98531	360-807-1900
St Helens Inn	Chehalis, WA 98531	360-748-6243
Community Action Council	409 N Tower Ave Centralia, WA 98531	360-736-1800
Shannon Village	2227 Harrison Ave Centralia, WA 98531	360-736-3950
South Creek	1101 Scammon Creek Centralia, WA 98531	360-330-1836
TAJ Brumfield	117 W Magnolia Centralia, WA 98531	360-219-7847
Tall Firs Apartments	1014 N Scheuber Rd Centralia, WA 98531	360-736-8610
TJ Guyer Property Management	***DO NOT HAVE*** *SUBSIDIZED HOUSING* (they do have "affordable" housing available)	360-748-4683
Villa Los Milagros	3115 Ives Road Centralia, WA 98531	360-736-7275 360-736-7405
Virginia Station	N. Pearl and Virginia Dr. Centralia, WA 98531	360-736-7864

# **SENIOR OR DISABLED HOUSING ONLY**

*Allegra Village Apartments	207 E Walnut St. Winlock, WA 98596	360-785-4521 360-736-5463
*Cambridge Apartments	1429 Johnson Rd. Centralia, WA 98531	360-736-5463
*Candlewood	1322 Harrison Ave. Centralia, WA 98531	360-736-5037
*Cartier's Adult Family Home	10920 101 <sup>st</sup> Ave SW Lakewood, WA 98498	253-581-8714 253-988-0069
*Centralia Manor	303 W. Pine Centralia, WA 98531 - Age 62 +	360-736-8185
*Chehalis Manor	300 S. Market Blvd. Chehalis, WA 98532	360-748-6261
*Lewis and Clark	117 W. Magnolia Centralia, WA 98531 - No wheelchair access	360-736-5358
*Providence Blanchet House	1700 Providence Lane Centralia, WA 98531 - Age 62 +	360-330-8748
*Providence Place Senior Housing	350 SE Washington Ave. Chehalis, WA 98531	360-740-7518 TTY: 800-833-6388
*Providence Rossi House	1720 Providence Lane Centralia, WA 98531	360-330-8748
*St. Johns Court	421 W Locust St Centralia, WA 98531	360-748-0750
*Tilton River Court	Morton, WA 98356	360-496-1971
*Vintage Apartments	1590 N National Chehalis, WA 98532	360-740-1029

\* Senior OR Disabled Only



## **Help with paying for your prescriptions !!!!**

*These programs offer free or low-cost prescriptions to  
**Seniors and low-income families**  
with no medical insurance.*

*These programs are **NOT** run by **DSHS**.*

### **RX Help for Washington**

1-877-923-6779

[www.rxhelpforwa.org](http://www.rxhelpforwa.org)

### **The Medicine Program**

(573) 996-7300

[www.themedicineprogram.com](http://www.themedicineprogram.com)

(ask for Debbie)

### **Washington Prescription Drug Program**

Enrollment: 1-800-913-4146

Customer Service: 1-800-913-4311

[www.rx.wa.gov](http://www.rx.wa.gov)

### **CHOICE Regional Network**

1-800-981-2123

[www.needymeds.com](http://www.needymeds.com)

### **Walmart \$4.00 drug program**

Go to [www.walmart.com](http://www.walmart.com)

for a list of participating  
prescriptions

or

go to your local Walmart pharmacy

### **The Partnership for Prescription Assistance**

1-800-762-4636

[www.pparx.org/en](http://www.pparx.org/en)

### **FamilyWize**

**Community Service Partnership, Inc**

**FREE Prescription Discount Card**

1-866-810-3784

<http://familywize.org/>